**Liste des allergènes contenus dans les plats clients**

Période : 01/09/2026 au 02/10/2026
Site : ADR Scolaire
Prestation : DEJEUNER
Contrat : VILLE DE FEGERSHEIM
Convive : Standard et végétarien

| Date | Végétarien<br>Plat Name | Lait | Soja | Oeuf | Poisson | Crustacés | Blé / Gluten | Fruits à coques | Sésame | Sulfites | Arachides | Céleri | Moutarde |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| mar 1 Septembre | Salade verte VRAC (SCOLAIRE). | | | | | | | | | | | | |
| | Cappellettis au fromage sce pr | X | | X | | | X | | | | | | |
| | Pastèque bio 1/10 VRAC. | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| | Emmental bio râpé pour TOUS VR | X | | | | | | | | | | | |
| mer 2 Septembre | Croisillon aux champignons | X | | X | | | X | | | | | | |
| | Oeufs durs bio sce tomate | | | X | | | X | | | | | | |
| | Quinoa et brocolis bio | | | | | | | | | | | | |
| | Petit moulé NATURE | X | | | | | | | | | | | |
| | Compote pomme bio banane maiso | | | | | | | | | | | | |
| jeu 3 Septembre | Vinaigrette maison à la menthe VRAC (SCOLAIRE) | | | | | | | | | X | | | X |
| | Concombre bio pour salade VRAC | | | | | | | | | | | | |
| | Pané de blé | | | | | | X | | | | | | |
| | Purée (flocon bio) épinard bio | | | | | | | | | | | | |
| | Carré de l'est | X | | | | | | | | | | | |
| | Yaourt abricot bio VRAC | X | | | | | | | | | | | |
| | AN Ketchup | | | | | | | | | | | | |
| ven 4 Septembre | Salade betterave rouge VRAC | | | | | | | | | X | | | X |
| | Chili carotte bio et courgette | | | | | | | | | | | | |
| | Riz bio équitable pilaf 1/2VG | | | | | | | | | | | | |

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| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Munster bio local | X | | | | | | | | | | | |
| | Nectarine jaune | | | | | | | | | | | | |
| lun 7 Septembre | Taboulé (été) VRAC | | | | | | X | | | X | | X | |
| | Quenelle nature sauce aurore | X | | X | | | X | | | | | | |
| | Gratin pdt bio et chou-fleur b | X | | | | | X | | | | | | |
| | Saint moret BIO | X | | | | | | | | | | | |
| | Prune jaune | | | | | | | | | | | | |
| mar 8 Septembre | Tomate cerise VRAC | | | | | | | | | | | | |
| | Cari lentille bio carotte bio | | | | | | | | | | | | |
| | Coquillette bio (local) 1/2VG | | | | | | X | | | | | | |
| | Camembert | X | | | | | | | | | | | |
| | Flan au chocolat alsacien ind. | X | | | | | | | | | | | |
| mer 9 Septembre | Salade macédoine rémoulade VRA | | | X | | | | | | X | | | X |
| | Croustillant légumes avoine bi | X | | X | | | X | | | | | | |
| | Blé bio pilaf | | | | | | X | | | | | | |
| | Tomme nature alsace | X | | | | | | | | | | | |
| | Pomme bio (local) | | | | | | | | | | | | |
| jeu 10 Septembre | Salade haricot vert mimosa VRAC | | | X | | | | | | X | | | X |
| | Pizza fromage fraiche VRAC. | X | | | | | X | | | | | | |
| | Salade verte bio (local) VRAC | | | | | | | | | | | | |
| | Mimolette 20 gr ind. | X | | | | | | | | | | | |
| | Raisin bio (local) VRAC | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| ven 11 Septembre | Radis rose rondelle pour salade VRAC (SCOLAIRE) | | | | | | | | | | | | |
| | Omelette bio maison nature | X | | X | | | | | | | | | |
| | Pdt bio vapeur et courgette bio fraiche | | | | | | | | | | | | |
| | Brie bio (pointe) | X | | | | | | | | | | | |
| | Moelleux mirabelles maison | | | X | | | X | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |

**Liste des allergènes contenus dans les plats clients**

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| lun 14 Septembre | Salade verte VRAC (SCOLAIRE). | | | | | | | | | | | | |
| | Tajine de légumes aux figues 1/2VG (été) | | | | | | X | | | | | | X |
| | Semoule bio 1/2VG | | | | | | X | | | | | | |
| | Camembert BIO | X | | | | | | | | | | | |
| | Poire bio (local) | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| mar 15 Septembre | Salade betterave rouge bio VRA | | | | | | | | | X | | | X |
| | Saucisse veggie au jus | | | | | | X | | | | | | |
| | Purée (pdt bio) | X | | | | | | | | | | | |
| | Emmental | X | | | | | | | | | | | |
| | Fromage frais sucré Equitable | X | | | | | | | | | | | |
| mer 16 Septembre | Salade carotte bio râpée VRAC | | | | | | | | | X | | | X |
| | Ratatouille bio haricot blanc | | | | | | | | | | | | |
| | Polenta | X | | | | | | | | | | | |
| | Saint Nectaire ind. AOC | X | | | | | | | | | | | |
| | Clafoutis aux quetsches maison | X | | X | | | X | | | | | | |
| jeu 17 Septembre | Salade maïs poivron VRAC | | | | | | | | | X | | | X |
| | Croq veggie au fromage | X | | | | | X | | | | | | |
| | Pdt bio vapeur et fondue poire | X | | | | | | | | | | X | |
| | Buchette chèvre BIO | X | | | | | | | | | | | |
| | Banane bio équitable | | | | | | | | | | | | |
| ven 18 Septembre | Salade tomate bio huile d'oliv | | | | | | | | | | | | |
| | Crème champignon fève petits l | X | | | | | X | | | X | | X | |
| | Spaetzles IGP | | | X | | | X | | | | | | |
| | Fromage frais au sel Guérande | X | | | | | | | | | | | |
| | Yaourt aux fruits du verger bi | X | | | | | | | | | | | |
| lun 21 Septembre | Salade céleri bio rémoulade VR | | | X | | | | | | X | | X | X |
| | Curry pois chiche carotte bio | X | | | | | X | | | | | | X |

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| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Riz bio équitable pilaf | | | | | | | | | | | | |
| | Carré de l'est | X | | | | | | | | | | | |
| | Crème dessert au chocolat ind. | X | | | | | | | | | | | |
| mar 22 Septembre | Salade carotte cuite VRAC | | | | | | | | | X | | | X |
| | Pané fromage épinard nature | X | | | | | X | | | | | | |
| | Gratin pdt bio courgette bio aubergine bio fraiche | X | | | | | X | | | | | | |
| | Vache qui rit BIO | X | | | | | | | | | | | |
| | Raisin bio (local) VRAC | | | | | | | | | | | | |
| mer 23 Septembre | Tarte aux légumes | X | | X | | | X | | | | | | |
| | Duo lentilles beluga et corail | | | | | | | | | X | | | |
| | Carotte bio fraiche persillée | | | | | | | | | | | | |
| | Bleu à couper | X | | | | | | | | | | | |
| | Yaourt arome myrtille bio ind. | X | | | | | | | | | | | |
| jeu 24 Septembre | Jus pomme bio litre HO | | | | | | | | | | | | |
| | Fromage blanc bio bibeleskaes 1/2VG VRAC | X | | | | | | | | | | | |
| | Salade verte bio (local) VRAC | | | | | | | | | | | | |
| | Pdt sautées pour bibeleskaes 1 | | | | | | | | | | | | |
| | Tome à la fleur de sureau bio | X | | | | | | | | | | | |
| | Compote pomme bio quetsche mai | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| ven 25 Septembre | Salade concombre bio dés de brebis VRAC | X | | X | | | | | | X | | | X |
| | Bouchée au pistou sce chasseur | X | | | | | X | | | | | | |
| | Farfalle (papillon) bio | | | | | | X | | | | | | |
| | Gouda 20 gr ind. | X | | | | | | | | | | | |
| | Pomme bio (local) | | | | | | | | | | | | |
| lun 28 Septembre | Salade pdt vinaigrette VRAC | | | | | | | | | X | | | X |
| | Galette de lentillons bio aux légumes sce herbes | X | | X | | | X | | | X | | | |

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| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Duo haricot vert bio et harico | X | | | | | | | | | | | |
| | Coulommiers | X | | | | | | | | | | | |
| | Tarte normande fraiche | X | | X | | | X | | | | | | |
| mar 29 Septembre | Tomate cerise VRAC | | | | | | | | | | | | |
| | Fricassée de légumes d'automne | X | | | | | X | X | | | | | X |
| | Penne bio (local) 1/2VG | | | | | | X | | | | | | |
| | Yaourt nature bio VRAC + sucre | X | | | | | | | | | | | |
| | Petit beurre | X | | X | | | X | | | | | | |
| mer 30 Septembre | Radis rose rondelle pour salade VRAC (SCOLAIRE) | | | | | | | | | | | | |
| | Omelette bio maison sce tomate | X | | X | | | X | | | | | | |
| | Purée (pdt bio) céleri bio fra | | | | | | | | | | | X | |
| | Cantal AOP | X | | | | | | | | | | | |
| | Banane | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| jeu 1 Octobre | Salade chou blanc bio chou rou | | | | | | | | | X | | | X |
| | Croziflette végétarienne à la raclette | X | | X | | | X | | | | | | |
| | Raisin bio (local) VRAC | | | | | | | | | | | | |
| ven 2 Octobre | Salade riz bio équitable façon niçoise VRAC | | | X | | | | | | X | | | X |
| | Pané de blé | | | | | | X | | | | | | |
| | Citron accompagnement VRAC (SC | | | | | | | | | | | | |
| | Epinards bio à la crème | X | | | | | X | | | | | | |
| | Munster AOC | X | | | | | | | | | | | |
| | Ile flottante (24 portions) | X | | X | | | | | | | | | |

| Date | Standard<br>Plat Name | Lait | Soja | Oeuf | Poisson | Crustacés | Blé / Gluten | Fruits à coques | Sésame | Sulfites | Arachides | Céleri | Moutarde |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| mar 1 Septembre | Salade verte VRAC (SCOLAIRE). | | | | | | | | | | | | |
| | Cappellettis au fromage sce pr | X | | X | | | X | | | | | | |

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| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Pastèque bio 1/10 VRAC. | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| | Emmental bio râpé pour TOUS VR | X | | | | | | | | | | | |
| mer 2 Septembre | Croisillon aux champignons | X | | X | | | X | | | | | | |
| | Sauté de dinde sce jus | | | | | | X | | | | | | |
| | Sauté de porc au jus | | | | | | X | | | | | | |
| | Quinoa et brocolis bio | | | | | | | | | | | | |
| | Petit moulé NATURE | X | | | | | | | | | | | |
| | Compote pomme bio banane maiso | | | | | | | | | | | | |
| jeu 3 Septembre | Vinaigrette maison à la menthe VRAC (SCOLAIRE) | | | | | | | | | X | | | X |
| | Concombre bio pour salade VRAC | | | | | | | | | | | | |
| | Poisson pané nature | | | | X | | X | | | | | | |
| | Purée (flocon bio) épinard bio | | | | | | | | | | | | |
| | Carré de l'est | X | | | | | | | | | | | |
| | Yaourt abricot bio VRAC | X | | | | | | | | | | | |
| | AN Ketchup | | | | | | | | | | | | |
| ven 4 Septembre | Salade betterave rouge VRAC | | | | | | | | | X | | | X |
| | Chili carotte bio et courgette | | | | | | | | | | | | |
| | Riz bio équitable pilaf 1/2VG | | | | | | | | | | | | |
| | Munster bio local | X | | | | | | | | | | | |
| | Nectarine jaune | | | | | | | | | | | | |
| lun 7 Septembre | Taboulé (été) VRAC | | | | | | X | | | X | | X | |
| | Cuisse de poulet sce niçoise | | | | | | X | | | | | | |
| | Gratin pdt bio et chou-fleur b | X | | | | | X | | | | | | |
| | Saint moret BIO | X | | | | | | | | | | | |
| | Prune jaune | | | | | | | | | | | | |
| mar 8 Septembre | Tomate cerise VRAC | | | | | | | | | | | | |
| | Cari lentille bio carotte bio | | | | | | | | | | | | |
| | Coquillette bio (local) 1/2VG | | | | | | X | | | | | | |
| | Camembert | X | | | | | | | | | | | |
| | Flan au chocolat alsacien ind. | X | | | | | | | | | | | |

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| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| mer 9 Septembre | Salade macédoine rémoulade VRA | | | X | | | | | | X | | | X |
| | Sauté de boeuf bio sce cocotte | | | | | | X | | | | | | |
| | Blé bio pilaf | | | | | | X | | | | | | |
| | Tomme nature alsace | X | | | | | | | | | | | |
| | Pomme bio (local) | | | | | | | | | | | | |
| jeu 10 Septembre | Salade haricot vert mimosa VRAC | | | X | | | | | | X | | | X |
| | Pizza fromage fraiche VRAC. | X | | | | | X | | | | | | |
| | Salade verte bio (local) VRAC | | | | | | | | | | | | |
| | Mimolette 20 gr ind. | X | | | | | | | | | | | |
| | Raisin bio (local) VRAC | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| ven 11 Septembre | Radis rose rondelle pour salade VRAC (SCOLAIRE) | | | | | | | | | | | | |
| | Portion de colin sce safranée | X | | | X | | X | | | | | | X |
| | Pdt bio vapeur et courgette bio fraiche | | | | | | | | | | | | |
| | Brie bio (pointe) | X | | | | | | | | | | | |
| | Moelleux mirabelles maison | | | X | | | X | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| lun 14 Septembre | Salade verte VRAC (SCOLAIRE). | | | | | | | | | | | | |
| | Tajine de légumes aux figues 1/2VG (été) | | | | | | X | | | | | | X |
| | Semoule bio 1/2VG | | | | | | X | | | | | | |
| | Camembert BIO | X | | | | | | | | | | | |
| | Poire bio (local) | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| mar 15 Septembre | Salade betterave rouge bio VRA | | | | | | | | | X | | | X |
| | Saucisse de volaille au jus | | | | | | X | | | | | | |
| | Saucisse blanche au jus | | | | | | X | | | | | | |
| | Purée (pdt bio) | X | | | | | | | | | | | |
| | Emmental | X | | | | | | | | | | | |

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| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Fromage frais sucré Equitable | X | | | | | | | | | | |
| mer 16 Septembre | Salade carotte bio râpée VRAC | | | | | | | | | X | | X |
| | Ratatouille bio haricot blanc | | | | | | | | | | | |
| | Polenta | X | | | | | | | | | | |
| | Saint Nectaire ind. AOC | X | | | | | | | | | | |
| | Clafoutis aux quetsches maison | X | | X | | | X | | | | | |
| jeu 17 Septembre | Salade maïs poivron VRAC | | | | | | | | | X | | X |
| | Merlu blanc sce citron | X | | | X | | X | | | X | X | |
| | Pdt bio vapeur et fondue poire | X | | | | | | | | | X | |
| | Buchette chèvre BIO | X | | | | | | | | | | |
| | Banane bio équitable | | | | | | | | | | | |
| ven 18 Septembre | Salade tomate bio huile d'oliv | | | | | | | | | | | |
| | Blanquette de volaille | X | | | | | X | | | X | | |
| | Spaetzles IGP | | | X | | | X | | | | | |
| | Fromage frais au sel Guérande | X | | | | | | | | | | |
| | Yaourt aux fruits du verger bi | X | | | | | | | | | | |
| lun 21 Septembre | Salade céleri bio rémoulade VR | | | X | | | | | | X | X | X |
| | Portion de colin sce bretonne | X | | | X | | X | | | | X | |
| | Riz bio équitable pilaf | | | | | | | | | | | |
| | Carré de l'est | X | | | | | | | | | | |
| | Crème dessert au chocolat ind. | X | | | | | | | | | | |
| mar 22 Septembre | Salade carotte cuite VRAC | | | | | | | | | X | | X |
| | Sauté de dinde sce romarin | | | | | | X | | | | | |
| | Gratin pdt bio courgette bio aubergine bio fraiche | X | | | | | X | | | | | |
| | Vache qui rit BIO | X | | | | | | | | | | |
| | Raisin bio (local) VRAC | | | | | | | | | | | |
| mer 23 Septembre | Tarte aux légumes | X | | X | | | X | | | | | |
| | Emincé de veau à la provençale | | | | | | X | | | | | |
| | Carotte bio fraiche persillée | | | | | | | | | | | |

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| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Bleu à couper | X | | | | | | | | | | | |
| | Yaourt arome myrtille bio ind. | X | | | | | | | | | | | |
| jeu 24 Septembre | Jus pomme bio litre HO | | | | | | | | | | | | |
| | Fromage blanc bio bibeleskaes 1/2VG VRAC | X | | | | | | | | | | | |
| | Salade verte bio (local) VRAC | | | | | | | | | | | | |
| | Pdt sautées pour bibeleskaes 1 | | | | | | | | | | | | |
| | Tome à la fleur de sureau bio | X | | | | | | | | | | | |
| | Compote pomme bio quetsche mai | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| ven 25 Septembre | Salade concombre bio dés de brebis VRAC | X | | X | | | | | | X | | | X |
| | Boulettes boeuf sce chasseur | X | | | | | X | | | | | | |
| | Farfalle (papillon) bio | | | | | | X | | | | | | |
| | Gouda 20 gr ind. | X | | | | | | | | | | | |
| | Pomme bio (local) | | | | | | | | | | | | |
| lun 28 Septembre | Salade pdt vinaigrette VRAC | | | | | | | | | X | | | X |
| | Sauté de boeuf bio strogonoff | X | | | | | X | | | | | | |
| | Duo haricot vert bio et harico | X | | | | | | | | | | | |
| | Coulommiers | X | | | | | | | | | | | |
| | Tarte normande fraiche | X | | X | | | X | | | | | | |
| mar 29 Septembre | Tomate cerise VRAC | | | | | | | | | | | | |
| | Fricassée de légumes d'automne | X | | | | | X | X | | | | | X |
| | Penne bio (local) 1/2VG | | | | | | X | | | | | | |
| | Yaourt nature bio VRAC + sucre | X | | | | | | | | | | | |
| | Petit beurre | X | | X | | | X | | | | | | |
| mer 30 Septembre | Radis rose rondelle pour salade VRAC (SCOLAIRE) | | | | | | | | | | | | |
| | Escalope poulet sce tomate | | | | | | X | | | | | | |
| | Purée (pdt bio) céleri bio fra | | | | | | | | | | | X | |
| | Cantal AOP | X | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Banane | | | | | | | | | | | | |
| | Vinaigrette maison VRAC (SCOLA | | | | | | | | | X | | | X |
| jeu 1 Octobre | Salade chou blanc bio chou rou | | | | | | | | | X | | | X |
| | Croziflette volaille à la raclette | X | | X | | | X | | | | | | |
| | Croziflette (épaule bio) à la raclette | X | | X | | | X | | | | | | |
| | Raisin bio (local) VRAC | | | | | | | | | | | | |
| ven 2 Octobre | Salade riz bio équitable façon niçoise VRAC | | | X | | | | | | X | | | X |
| | Poisson meunière nature | X | | X | X | | X | | | | | | |
| | Citron accompagnement VRAC (SC | | | | | | | | | | | | |
| | Epinards bio à la crème | X | | | | | X | | | | | | |
| | Munster AOC | X | | | | | | | | | | | |
| | Ile flottante (24 portions) | X | | X | | | | | | | | | |

| Lupin | Mollusques |
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