

## Liste des allergènes contenus dans les plats clients

Période : 09/11/2026 au 04/12/2026  
 Site : ADR Scolaire  
 Prestation : DEJEUNER  
 Contrat : VILLE DE FEGERSHEIM  
 Convive : Standard et végétarien

| Végétarien      |                                 |      |      |      |         |           |              |                 |        |          |           |        |          |
|-----------------|---------------------------------|------|------|------|---------|-----------|--------------|-----------------|--------|----------|-----------|--------|----------|
| Date            | Plat Name                       | Lait | Soja | Oeuf | Poisson | Crustacés | Blé / Gluten | Fruits à coques | Sésame | Sulfites | Arachides | Céleri | Moutarde |
| lun 9 Novembre  | Base pour potage carotte bio    | X    |      |      |         |           | X            |                 |        |          |           |        |          |
|                 | fromage maison VRAC             |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Flageolets à la crème de tomate | X    |      |      |         |           | X            |                 |        |          |           |        |          |
|                 | 1/2VG                           |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Torsades tricolores             |      |      |      |         |           | X            |                 |        |          |           |        |          |
| mar 10 Novembre | Petit moulé aux noix            | X    |      |      |         |           |              | X               |        |          |           |        |          |
|                 | Clémentine bio 1 pièce          |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Salade riz (hiver) VRAC         |      |      |      |         |           |              |                 |        | X        |           |        | X        |
|                 | Saucisse veggie au jus          |      |      |      |         |           | X            |                 |        |          |           |        |          |
|                 | Purée (pdt bio) céleri bio fra  |      |      |      |         |           |              |                 |        |          |           | X      |          |
| jeu 12 Novembre | Saint Paulin                    | X    |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Poire bio (local)               |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Salade chou rouge bio           |      |      |      |         |           |              |                 |        | X        |           |        |          |
|                 | vinaigrette aux marrons VRAC    |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Omelette bio fraiche sce champ  | X    |      | X    |         |           | X            |                 |        | X        |           |        |          |
| ven 13 Novembre | Pommes forestines (pin)         |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Fromage blanc bio fruit rouge   | X    |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Galette St Michel               | X    |      | X    |         |           | X            |                 |        |          |           |        |          |
|                 | Jus orange litre HO             |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Légumes couscous aux pois       |      |      |      |         |           | X            |                 |        |          |           | X      |          |
| lun 16 Novembre | chic                            |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Semoule bio 1/2VG               |      |      |      |         |           | X            |                 |        |          |           |        |          |
|                 | Camembert BIO                   | X    |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Purée pomme banane BIO ind.     |      |      |      |         |           |              |                 |        |          |           |        |          |
|                 | Pizza fromage fraiche VRAC      | X    |      |      |         |           | X            |                 |        |          |           |        |          |

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|-----------------|---------------------------------------------------|---|--|---|--|--|---|--|--|---|---|---|
|                 | Flan vanille nappé caramel als                    | X |  |   |  |  |   |  |  |   |   |   |
| mar 24 Novembre | Taboulé (hiver) VRAC                              |   |  |   |  |  | X |  |  | X |   | X |
|                 | Bouchée de blé panée                              |   |  | X |  |  | X |  |  |   |   |   |
|                 | Petits pois bio aux oignons                       |   |  |   |  |  |   |  |  |   |   |   |
|                 | Brie bio (pointe)                                 | X |  |   |  |  |   |  |  |   |   |   |
|                 | Clémentine bio 1 pièce                            |   |  |   |  |  |   |  |  |   |   |   |
|                 | AN Ketchup                                        |   |  |   |  |  |   |  |  |   |   |   |
| mer 25 Novembre | Salade haricot vert mimosa VRAC                   |   |  | X |  |  |   |  |  | X |   | X |
|                 | Légumes méditerranéen pois chi                    |   |  |   |  |  | X |  |  |   | X |   |
|                 | Penne bio carottes fraîches bio                   |   |  |   |  |  | X |  |  |   |   |   |
|                 | Saint moret BIO                                   | X |  |   |  |  |   |  |  |   |   |   |
|                 | Kiwi                                              |   |  |   |  |  |   |  |  |   |   |   |
|                 |                                                   |   |  |   |  |  |   |  |  |   |   |   |
| jeu 26 Novembre | Salade coleslaw bio VRAC                          |   |  | X |  |  |   |  |  | X |   | X |
|                 | Gnocchis sce provençale                           |   |  |   |  |  | X |  |  |   |   |   |
|                 | Yaourt arôme myrtille bio ind.                    | X |  |   |  |  |   |  |  |   |   |   |
|                 | Râpé italien VRAC                                 | X |  | X |  |  |   |  |  |   |   |   |
| ven 27 Novembre | Endive dés de mimolette VRAC                      | X |  |   |  |  |   |  |  |   |   |   |
|                 |                                                   |   |  |   |  |  |   |  |  |   |   |   |
|                 | Galette haricot blanc échalote persil sce au miel |   |  | X |  |  | X |  |  |   |   |   |
|                 | Purée (flocon bio) butternut b                    |   |  |   |  |  |   |  |  |   |   |   |
|                 | Bleu à couper                                     | X |  |   |  |  |   |  |  |   |   |   |
|                 | Compote pomme bio pain épices                     |   |  |   |  |  | X |  |  |   |   |   |
|                 | Vinaigrette maison VRAC (SCOLA                    |   |  |   |  |  |   |  |  | X |   | X |
| lun 30 Novembre | Salade macédoine vinaigrette V                    |   |  |   |  |  |   |  |  | X |   | X |
|                 | Citron accompagnement VRAC (SC                    |   |  |   |  |  |   |  |  |   |   |   |
|                 | Pané de blé                                       |   |  |   |  |  | X |  |  |   |   |   |
|                 | Epinards bio à la crème                           | X |  |   |  |  | X |  |  |   |   |   |
|                 | Carré de l'est                                    | X |  |   |  |  |   |  |  |   |   |   |
|                 | Moelleux ananas maison                            |   |  | X |  |  | X |  |  |   |   |   |

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| Standard |           |      |      |      |         |           |              |                 |        |          |           |        |          |
|----------|-----------|------|------|------|---------|-----------|--------------|-----------------|--------|----------|-----------|--------|----------|
| Date     | Plat Name | Lait | Soja | Oeuf | Poisson | Crustacés | Blé / Gluten | Fruits à coques | Sésame | Sulfites | Arachides | Céleri | Moutarde |

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|                 | Crème dessert vanille bio (loc       | X |  |   |   |  |   |  |   |  |   |  |   |
| jeu 19 Novembre | Salade betterave rouge cerfeuil VRAC |   |  |   |   |  |   |  | X |  |   |  | X |
|                 | Portion de colin sce citron          | X |  |   | X |  | X |  | X |  | X |  |   |
|                 | Potée de légumes auvergnate bio      |   |  |   |   |  |   |  |   |  |   |  |   |
|                 | Tome à l'ail des ours bio loca       | X |  |   |   |  |   |  |   |  |   |  |   |
|                 |                                      |   |  |   |   |  |   |  |   |  |   |  |   |
|                 | Cake chocolat bio maison             | X |  | X |   |  | X |  |   |  |   |  |   |
| ven 20 Novembre | Salade carotte bio râpée VRAC        |   |  |   |   |  |   |  | X |  |   |  | X |
|                 | Sauce bolognaise maison              |   |  |   |   |  | X |  |   |  | X |  |   |
|                 | Spaghettis bio (local)               |   |  |   |   |  | X |  |   |  |   |  |   |
|                 | Yaourt aux fruits Alsacien VRA       | X |  |   |   |  |   |  |   |  |   |  |   |
|                 | Emmental bio râpé pour TOUS VR       | X |  |   |   |  |   |  |   |  |   |  |   |
|                 |                                      |   |  |   |   |  |   |  |   |  |   |  |   |
| lun 23 Novembre | Base pour potage poireau bio m       | X |  |   |   |  | X |  |   |  | X |  |   |
|                 | Sauté de dinde sce curry             | X |  |   |   |  | X |  |   |  |   |  | X |
|                 | Sauté de porc bio sce curry          | X |  |   |   |  | X |  |   |  |   |  | X |
|                 | Pdt cube rôtie                       |   |  |   |   |  |   |  |   |  |   |  |   |
|                 | Gouda 20 gr ind.                     | X |  |   |   |  |   |  |   |  |   |  |   |
|                 | Flan vanille nappé caramel als       | X |  |   |   |  |   |  |   |  |   |  |   |
| mar 24 Novembre | Taboulé (hiver) VRAC                 |   |  |   |   |  | X |  | X |  | X |  |   |
|                 | Nuggets filet de volaille            |   |  |   |   |  | X |  |   |  |   |  |   |
|                 | Petits pois bio aux oignons          |   |  |   |   |  |   |  |   |  |   |  |   |
|                 | Brie bio (pointe)                    | X |  |   |   |  |   |  |   |  |   |  |   |
|                 | Clémentine bio 1 pièce               |   |  |   |   |  |   |  |   |  |   |  |   |
|                 | AN Ketchup                           |   |  |   |   |  |   |  |   |  |   |  |   |
| mer 25 Novembre | Salade haricot vert mimosa VRAC      |   |  | X |   |  |   |  | X |  |   |  | X |
|                 | Hoki sce oseille                     | X |  |   | X |  | X |  |   |  | X |  |   |
|                 | Penne bio carottes fraiches bio      |   |  |   |   |  | X |  |   |  |   |  |   |
|                 | Saint moret BIO                      | X |  |   |   |  |   |  |   |  |   |  |   |
|                 | Kiwi                                 |   |  |   |   |  |   |  |   |  |   |  |   |
| jeu 26 Novembre | Salade coleslaw bio VRAC             |   |  | X |   |  |   |  | X |  |   |  | X |

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